

# Celebrate Creative Arts Therapy Week!



March 17-24, is Creative Arts Therapy Week-  
a week where we promote awareness of the Creative Arts  
Therapies!

The Creative Arts Department invites you to join us in celebrating with the following activities:

## **QR Puzzle**

All Week

To play, scan the QR code on each of our doors/cart to watch a quick 2 minute video. At the end of the video you will find a word—write the word next to the therapy you found it on to solve the puzzle! **Hand in your completed sheets to Misha for a prize**

## **Doodle Gallery**

All Week

Come and share your fun doodles or art in our Doodle gallery, which will be by the OT/PT gym, across from the children's bathroom. You can doodle right on the paper or bring one to post!

## **Jam Session in the Music room**

Tuesday, 3/19 at 2:45

Come jam out with us! All instruments are welcome and there will be instruments available to play as well!

## **Body/Mind Centering and Relaxation in the Movement room**

Thursday, 3/21 at 2:45

Ring in the end of the work week with some self care as we take a moment to center our bodies and embrace some moments of relaxation